



## { Scott Hamilton }

Scott Hamilton has dedicated his life to promoting cancer research and awareness in order to create a cancer-free world. When diagnosed with testicular cancer in 1997, Olympic figure skating champion Scott Hamilton identified three “angels” who helped him. His oncology physician was his first angel; his oncology nurse was his second angel and his family and friends were his third. What he found missing, however, was a fourth angel — someone who had gone through the same experience and who understood what he was feeling. Someone, in short, who had “been there.”

After defeating his illness, Scott dedicated his life to promoting cancer research and awareness and to enlisting the help of a host of “angels” to support and comfort patients facing their own battle with cancer. To that end, he launched The Scott Hamilton CARES Initiative and its first survivorship program — the 4th Angel Mentoring Program. His host of “angels” continues to grow, successfully supporting and comforting patients facing their own battle with cancer. This pamphlet will give you details about 4th Angel and how you can become a part of this tremendous gift.



### **How does the Program work?**

Anyone diagnosed with cancer is eligible to be matched with a mentor. When a patient requests a mentor, the program staff facilitates a match with respect to diagnosis, gender and age. The program director makes the “match” and then contacts the trained 4th Angel mentor. The mentor makes the initial contact with the patient to offer one-on-one support over the phone or via e-mail. The program pairs the patient with a cancer survivor who provides support and answers to the “what ifs.”

### **How to get a Patient Mentor**

All you have to do is ask. Your 4th Angel Patient Mentor, paired as closely as possible with respect to diagnosis, gender and age, understands what you are going through because he or she has traveled that same road. As your mentor and guide, your 4th Angel will share helpful and positive strategies learned from his or her own experience — strategies that can help you cope.

### **How to become a Patient Mentor**

“I want to be an angel.”  
Not all angels have wings and halos and play harps. Some angels are people who have had their lives turned upside down by cancer and now have a desire to help someone who is going through the same thing. They realize that they can be there for someone like you by providing one-on-one support over the phone or via email. 4th Angels are empathetic and have firsthand answers to all the hard-to-ask questions. They are positive, supportive and able to give of their time and life experience to help put a new cancer patient at ease. If this describes you and piques a genuine interest in becoming a 4th Angel, we would love to hear from you.

**Contact 4th Angel at**  
**216-445-8734 or 800-440-4140 ext. 58734**  
or visit [www.scottcares.com](http://www.scottcares.com)

## What is a 4th Angel Patient Mentor?

Cancer is scary. The initial diagnosis can put you in a void of feeling completely alone, because although you may have very capable doctors and nurses and be surrounded by family and friends that love you, many of them will not understand firsthand what you are going through. That's why 4th Angel is so important. The program pairs you with a cancer survivor who provides you with support and answers to the "what ifs."

### 4th Angel Caregiver Mentor Program

4th Angel doesn't just mentor patients, we also mentor patient caregivers. If you are a cancer patient caregiver, or know of one who would like to receive their own 4th Angel, you can contact us at the number or website available on the inside of this brochure.

 The Scott Hamilton CARES Initiative  
[www.scottcares.org](http://www.scottcares.org) • 216.445.8734 • [4thangel@ccf.org](mailto:4thangel@ccf.org)

Funding provided by The Amgen Foundation

**AMGEN**

# Patient Mentor Program

### Survivor to Patient

One-on-one support. A free service for cancer patients. An opportunity for cancer survivors.

